Athletic Training
Department of Sports and Exercise Sciences
AC 217    651-2370

CORE CURRICULUM COURSES: 42-44 HOURS ♦
Number of hours does not include specific core requirements listed below. HRS

Communication (10)
ENGL 1301 (ENG 101); 1302* (ENG 102) or 2311* (ENG 270) 6

Communication (11)
COMM 1315 (SOC 101, 1315), 1318 (SOC 103, 1318), or 1321 (SOC 201, 1321) 3

Mathematics (20)
MATH 1314* (110), 1324* (118), 1332**; 2412*, or 2413* 3

Natural Sciences (30)
Take two courses from:
PSES 1301 (PH 110); 1307 (112); ANSC 1319 (121); BIL 1406 (101) or 1408, 1407* (102) or 1409*, 1411 (122), 1413 (121); CHEM 1405 (121), 1411* (101), 1412* (102); GEOL 1401 (GESC 119) or 1403 (GEOL 101), 1402 (GESC 112), 1404 (GEOL 102); PHYS 1401* (101), 1402* (102), 1411, 1412, 2425* (210), 2426* (211) 6-8

Humanities (40-41)
ENGL 2321*, 2326*, 2331*, 2341*, 2343*; HIST 2311 (110), 2323, 2372 (210); MCOM 1307 (MC 107); PHIL 1301 (101), 2374 (204); SPAN 2312*; 302* or SPAN 2315*; 303* Choose 1

Visual and Performing Arts (50)
HUMA 1315 (FA 101); ARTS 1303 (ART 151), ARTS 1304 (ART 152); DANC 2303; MUSI 1306 (MUS 101) or 1208 and 1209; or THRE 1310 (105) 3

Social and Behavioral Sciences (60)
HIST 1301 (101) or 1303; 1302 or 1304; 2301; 2381 Choose 2 6

Social and Behavioral Sciences (70)
POSC 2305 (101) or 2370; 2306 (102) 6

Social and Behavioral Sciences (80)
AGBE 2317 (213), ANTH 2351 (201); CRJ 1301 (CJ 105); ECON 2301 (ECO 201), 2302 (ECO 202), 2371; GEOG 1302 (202); PSYC 2301 (PSY 201); COMM 2377 (250); SOCI 1301 (201); or SOCW 2361 (SOCW 201) Choose 1 3

Institutionally Designated Option (90)
ANSC 2370; CIDM 1105, 1301 (CIS, IDM 1301), 1315 (CIS, IDM 1315), 2345, CS 1301; IDS 1071; PHIL 2303 (203) Choose 1 1-3

ATHLETIC TRAINING REQUIREMENTS: 77 HOURS

ATHLETIC TRAINING CORE REQUIREMENTS: 15 HOURS
ATTR 2371 (SES 210) Athletic Training I 3

SES 3302 (302) Structural and Mechanical Kinesiology 3

SES 3304 (304) Measurement and Evaluation Technique 3

SES 3321 (321) Motor Development 3

SES 3341* (341) Exercise Physiology 3

DIDACTIC COURSEWORK IN PHYSICAL EDUCATION/ATHLETIC TRAINING: 40 HOURS
ATTR 2372 CPR for the Health Professional 3

ATTR 3308* (AT 308) Therapeutic Exercise 3

ATTR 3309* (AT 309) Therapeutic Specialties 3

Bachelor of Science Degree
BS.AT (113)

ATTR 3331* (AT 331) Athletic Training Evaluation I—Lower Extremity 3

ATTR 3332* (AT 332) Athletic Training Evaluation II—Upper Extremity 3

ATTR 4412* (AT 412) Advanced Athletic Training 4

SES 3316 (316) Drugs, Alcohol and Tobacco 3

SES 3340 (340) Sport Nutrition 3

SES 3356* (356) Theory and Practice of Strength Training and Conditioning 3

SES 4328* Psychology of Injury 3

SES 4330 (430) Principles of Sports Administration 3

SES 4340* (440) Sport and Exercise Testing 3

SES 4341* (441) Sport Biomechanics 3

REQUIREMENTS FROM OTHER DEPARTMENTS: 8 HOURS

BIOI 2401*, 2401L Human Anatomy & Physiology I 4

BIOI 2402*, 2402L Human Anatomy & Physiology II 4

CLINICAL EXPERIENCE REQUIREMENTS: 13 HOURS
ATTR 2170* Introduction to Clinical Experiences 1

ATTR 2271* Clinical Experience in Athletic Training I 2

ATTR 2272* Clinical Experience in Athletic Training II 2

ATTR 3263* Clinical Experience in Athletic Training III 2

ATTR 3264* Clinical Experience in Athletic Training IV 2

ATTR 4265* Clinical Experience in Athletic Training V 2

ATTR 4266* Clinical Experience in Athletic Training VI 2

ELECTIVES: 0-2 HOURS BY ADVISEMENT—SEE NOTE
ELECTIVES (ANY LEVEL) 0-2

TOTAL HOURS REQUIRED TO COMPLETE DEGREE: 120

Note: This is NOT a degree plan. Before completion of 60 hours, students are allowed and encouraged to request an official degree plan in the office of the dean of the College of Nursing and Health Sciences, located in Old Main, Room 402 (or call 806-651-3500). After completing 60 hours, students will not be allowed to progress without requesting a degree plan.