## Sports and Exercise Sciences—Exercise Science Emphasis

### Department of Sports and Exercise Sciences

**Bachelor of Arts Degree**  
**BA.SES.EXER (117)**

### Core Curriculum Courses: 34-36 Hours ♦

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>HRS</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENGL 1301</td>
<td>(ENG 101)</td>
<td>3</td>
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<tr>
<td>ENGL 1302</td>
<td>(ENG 102)</td>
<td>3</td>
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<tr>
<td>MATH 1314</td>
<td>(110)</td>
<td>3</td>
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<tr>
<td>MATH 1324</td>
<td>(115)</td>
<td>3</td>
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<tr>
<td>Mathematics</td>
<td>(20)</td>
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<tr>
<td>COMM 1315 (SOCM 101, 1315), 1318 (SOCM 130, 1318), or 1321 (SOCM 201, 1321)</td>
<td>3</td>
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<tr>
<td>Human Anatomy &amp; Physiology I</td>
<td>4</td>
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<tr>
<td>Human Anatomy &amp; Physiology II</td>
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</tbody>
</table>
| A grade of “C” or better must be earned in all courses required for major.

### University Core Requirements: 8 Hours

- Communication (10)
- Communication (11)
- Social and Behavioral Sciences (40-41)

### Sports and Exercise Sciences—Exercise Science Major Requirements: 36 Hours

- Human Anatomy & Physiology I
- Human Anatomy & Physiology II
- Historical and Contemporary Issues in Sport
- Personal Fitness Concepts
- Structural and Mechanical Kinesiology
- Measurement & Evaluation Techniques
- Sport Nutrition
- Exercise Physiology

### Total Hours Required to Complete Degree: 120

- Core curriculum courses should be taken during the first two years of enrollment.
- While MATH 1332 will fulfill core math requirements for students in the 2011-2012 catalog, it will NOT prepare them for math beyond MATH 1332 such as Business Math II (MATH 1325), Pre-Calculus (MATH 2412), etc.
- Or an equivalent course (second year, second semester) in French or German.

Note: This is NOT a degree plan. Before completion of 60 hours, students are allowed and encouraged to request an official degree plan in the office of the dean of the College of Nursing and Health Sciences, located in Old Main, Room 402 (or call 806-651-3500). After completing 60 hours, students will not be allowed to progress without requesting a degree plan.